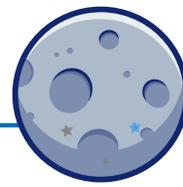




MARCH 2026 NEWSLETTER



RECITAL 2026!

RECITAL - SATURDAY, MAY 23RD 2:00 & 5:00 P.M.
REHEARSAL - THURS MAY 21ST OR FRI, MAY 22ND

We're thrilled to be bringing our 27th Annual Recital to you in May 2026! We will begin online sign-ups for Recital on Monday, January 19th. We will send the link out by email that day.

- *You must attend YOUR Rehearsal to participate in Recital
- *We will announce which show you are in on Wednesday, April 1st.
- *Each class will participate in 1 show only.

UPCOMING CLINICS

SATURDAY, APRIL 11TH

Cartwheels, Handstands & Round-offs
Noon - 1:00 p.m. - \$25
Ages 5 & up - no pre-requisites

Backbend Kickovers & Backwalkovers
11:00 a.m.-Noon - \$25
Ages 5 & up - pre-req: bridge to 5 handstand w/ fee together

Aerials, Backhandsprings & Front Tucks
9:30-11:00 a.m. - \$35
Ages 6 & up - pre-req: BBKO, handstand to 3

*Sign up at www.ShootfortheStarsKids.com (calendar of events) or through your portal.

PRESCHOOL THEMES

Dr. Suess- March 2nd - March 16th



St. Patrick's Day - March 16th - April 3rd



April Showers - April 6th - April 24th



UPCOMING MEETS

USA Gymnastics Team

- March 15th - Bronze Mo State Championship - Jefferson City
- March 22nd - Platinum MO State Championship - St. Louis
- March 27th - 29th - Silver/Gold State - Springfield

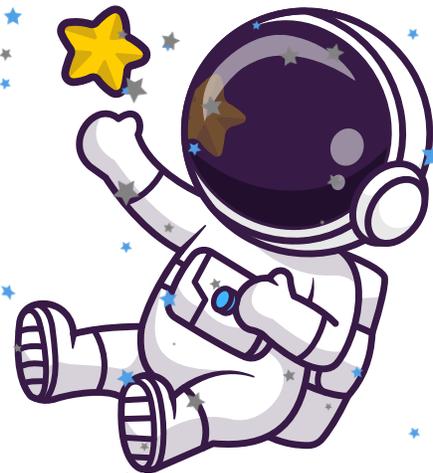
NAC CHAMPIONSHIP RESULTS

MINI TRAMPOLINE

- | | |
|--|---|
| 1 st place - Kai Fales | 2 nd place - Cora Scarlett |
| 1 st place - Grace Green | 2 nd place - Emry Smith |
| 1 st place - Rebekkah McIntire | 3 rd place - Sidney Knight |
| 2 nd place - Clara Balzer | 3 rd place - Elaina Driskell |
| 2 nd place - Alec Collins | 4 th place - Nora Fischbach |
| 2 nd place - Hannah Groenenboom | 4 th place - Rebekah Douglas |
| 2 nd place - Mia Haggard | 5 th place - Meila Becerra |

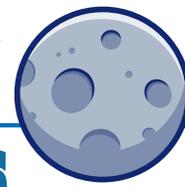
CONTACT US

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FUN FACT

Coach Cali was the very first coach (besides Aubrey) that SFTS had starting in 1999! She was 15, and for months, she and Aubrey coached every single class together. She was also a gymnast at that time.

Cali also has another love and talent ... water skiing! She began skiing in a water ski show at the age of 3. She did that for 2 years. When she was 4, she skied 30 miles! Cali also participated in the Water Fest Marathon for Muscular Dystrophy for several years. 😊

RECENT NEW SKILLS!

Rylee Storm- RO backhandspring
Kailynn Fales- Kip, Cast handstand
Eleanor Tyson- Glide Kip
Eleanor Tyson - Aerial
Elaina Driskell - Glide Kip
Elaina Driskell - Front Tuck
Nora Fischbach- Glide Kip
Emry Smith - Glide Kip
Emry Smith - Fly Away
Rebekkah McIntire - Fly Away
Callie Robinson - Back Tuck
Callie Robinson - Front Tuck
Hannah Groenenboom - Back Layout
Malikah Bethmann - Aerial
Rebekah Douglas - Aerial

OPEN GYMS

SAT, MARCH 21ST & APRIL 25TH

School Age
1:00-2:00 p.m. - \$10
Ages Under 4 ½ & older

PreSchool
2:00-2:45 p.m. - \$8
Ages 4 & under

*Sign up at www.ShootfortheStarsKids.com (calendar of events) or through your portal. OPEN GYMS ARE ALWAYS FREE IF YOU'RE USING IT AS A MAKE-UP FOR A MISSED CLASS.

NAC Championship Results

Level 1

4th - Ava McDaris. 5th - Alec Collins

Level 1-A

2nd - Sloan Clevenger - 9.6. 5th - Gianna Serrone -9.45

2nd Kennedy Holmes - 9.6 5th - Thea Plumley

2nd Ella Showalter - 9.3 6th - Mary Anne Payne

4th - Ava Fischback 9.3 6th - Collin Tremayne

Level 2 - 1st Ainsley Creason -9.37

1st Hannah Crutcher-9.8 4th Bristol Calvert

1st Scarlett Baker - 9.57. 4th Kaylee Herbers

1st Astor Litzenberger - 9.23 4th Izzy Storm - 9.13

2nd Roxy Crockett - 9.43 5th Jordyn McCloskey

3rd River Parsley, 6th Stella Kinney

5th Evelyn Peterson, 6th Harper Sudduth

Level 3

1st Melea Wilkins - 9.37 2nd Sidney Knight - 9.57

2nd Emma Creason - 9.83

Level 4

3rd - Camille Novak. 5th - Clara Balzer - 9.1

5th - Eleanor Peterson - 9.1

Level 5

2nd Grace Green - 9.3 3rd Meila Becerra - 9.15

2nd Adelyn D'Angelo - 9.45 4th Kamryn McCloskey - 9.35

2nd Elaina Driskell -9.3. 4th Cora Scarlett - 9.05

2nd Rebekah Douglas - 9.3. 5th Callie Robinson - 9.05

3rd Payton Westerman 5th Rylee Storm

Level 6

4th - Nora Fischbach.

4th - Eleanor Tyson

4th - Finlee Wilson

Level 7

2nd Rebekkah McIntire - 9.7 4th Emry Smith - 9.4

Level 8

3rd Hannah Groenenboom - 9.05. 4th Mia Haggard

Level 9

1st Kailynn Fales-9.45



REMINDERS



Remember your child must be fever free for 24 hours before returning to class



Remember to bring a water bottle to class



Please use the restroom before coming into class



Put hair up and remove baggy clothing before coming into class